

CACFP

The Child and Adult Care Food Program
Serve healthy meals. Receive financial support.



Family Day Care Homes

Breakfast – Lunch – Snack – Supper

Child Development Centers

Adult Day Care Centers

Before & After School Care Programs

Emergency Shelters

Learn more. Contact the DC CACFP Office at 202-442-4010.

Child and Adult Care Food Program

Family Day Care Homes

What is the CACFP?

The Child and Adult Care Food Program (CACFP) was founded in 1968 to provide federal funds for healthy meals and snacks served in child care settings. The CACFP provides a monthly financial subsidy, training and technical assistance, nutrition education, and food safety information to care providers serving nutritious meals and snacks to eligible participants.

Over time, CACFP eligibility has been expanded to family day care homes and more types of organizations. Emergency (homeless, domestic violence, and runaway) shelters that serve meals and snacks to children may be eligible for the Program. The CACFP is also available to area-eligible afterschool programs that offer regular educational and enrichment activities as well as adult day care centers serving chronically impaired adults or people over age 60.

Meals must meet the Federal guidelines. For most types of organizations, meal reimbursement rates are based on participants' household income eligibility.

CACFP & Family Day Care Homes

Eligible family day care home (FDCH) providers can participate in the CACFP through the authority of a non-profit agency that serves as the sponsoring organization. The sponsoring organization signs an agreement with the Office of the State Superintendent of Education (OSSE) to manage the CACFP.

Family Day Care Home Sponsors

To learn more about enrolling in the CACFP, contact these local sponsors:

- The Planning Council
Phone: 202-331-1782 or 855-334-5347 (toll free)
- T&T Tutor World
Phone: 301-599-7960
- United Planning Organization
Phone: 202-238-4632

Basic Home Eligibility Checklist

- Valid child care license
- CACFP enrollment under an approved family day care home sponsor.

Eligible Children

- Children up to the age of 12 enrolled for child care in the day care home.
- A provider may be eligible to receive reimbursement for meals served to her own children if they are eligible for free or reduced-price meals and receive meals with at least one nonresidential child enrolled for care.

CACFP Benefits

- Receive assistance with healthy meal planning.
- Help make sure that DC's children have access to three healthy meals every day.
- Receive financial support for your home's meal service.

The CACFP Meal Program

Meal types

Breakfast:

Whole grain cereal, banana slices, low-fat milk

Lunch:

Bean soup, carrots, peaches, cornbread, low-fat milk

Snack:

Raisin bread with peanut butter, water

Meal reimbursement for FY 2013

Day care home providers are eligible to receive reimbursement for serving up to two meals and one snack each day to each enrolled child in attendance.

Reimbursement is based upon the home's eligibility for tier I rates or tier II rates. Higher tier I rates are paid to homes in low-income areas and to low-income providers. Below are the payment rates in effect through June 30, 2012:

Tier I

Breakfast: \$1.27

Lunch: \$2.38

Snack: \$0.71

Tier II

Breakfast: \$0.46

Lunch: \$1.44

Snack: \$0.19

Meal preparation

Self-preparation

Family day care home providers must purchase food and prepare meals for enrolled children.